CUCINA

SNACKS / NIBBLES

Olives · 5,50 €

Marinated Taggiasca olives from Liguria

Hummus · 7,00 €

With tahini, lemon and olive oil, fresh carrots, cucumber and paprika

Agrodolce · 10,50 €

Pickled peppers, zucchini, carrots with olives, balsamic onions and Focaccia (pizza bianca) fresh from the oven

+ Focaccia (pizza bianca) fresh from the oven • 3,50 €



"WHATEVER YOU COOK, COOK IT WITH LOVE
- ONLY THEN CAN IT BE GOOD"

IGNAZ B. Founder, Fleming's Hotels WHEN YOU THINK OF CULINARY SPECIALTIES FROM LIGURIA, ONE TYPICAL AND VERY TASTY REGIONAL FOOD COMES TO MIND: THE FOCACCIA.

THE BASIC INGREDIENTS FOR AN AUTHENTIC
FOCACCIA ARE FLOUR, YEAST, WATER, OLIVE OIL,
OREGANO AND SALT. FOR ITS PREPARATION WE
EXCLUSIVELY USE WHEAT FLOUR TYPE 00, THE
VARIETY THAT IS ALSO FAVORED BY TRADITIONAL
FOCACCIA BAKERS IN ITALY.

THE PREPARATION IS VERY TIME-INTENSIVE.
THE DOUGH IS NOT JUST KNITTED MULTIPLE
TIMES, BUT ALWAYS HAS TO REST AGAIN. WE
GIVE IT UP TO 5 REST BREAKS OVER A PERIOD
OF SEVERAL HOURS.

BOWLS

Modern Caesar · 9,00 €

Romaine lettuce, parmesan, croutons, fresh herbs, Caesar's style dressing with yogurt

Couscous · 9,00 €

Romaine lettuce, couscous, cucumber, bell pepper, mint, pomegranate, parsley

Cali Mix · 10,00 €

Plucked leaf salads, quinoa, avocado, green beans, paprika, edamame, fresh herbs

Raw food mix · 8,00 €

With grated carrots and cucumber, vine tomatoes, young leek, chervil, leaf parsley and cress

Choice of Dressing:

Olive oil – orange Balsamic bianco Yogurt mustard

Supplement your bowl with:

- + Focaccia fresh from the oven 3,50 €
- + Marinated organic feta cheese 4,00 €
- + Grilled chicken breast · 6,00 €

SOUPS / ZUPPA

Tomato · 5,00 €

With basil oil

Minestrone Toscano · 6,00 €

With chickpeas and Cima di Rapa (turnip top)

- + Grilled chicken breast 6,00 €
- + Focaccia fresh from the oven · 3,50 €

FOCACCIA

Fresh from the oven on a wooden board Homemade with sea salt and oregano

Spinaci · 9,50 €

Bianche with young spinach leaves, ricotta and garlic oil

Melanzane · 10,50 €

Bianche with grilled eggplant and chili chutney

Carciofi · 11,50 €

With marinated artichokes and fresh Buffalo mozzarella

Salsiccia · 12,50 €

With grilled yellow pepper, melted Mozzarella and spicy salsiccia (sausage)

> OUR TACENTO 100 EXTRA VIRGIN OLIVE OIL DI OLIVA CONSISTS OF 100% HIGH-QUALITY TAGGIASCA OLIVES. IT ONLY GROWS IN THE OLIVE HILLS OF LIGURIA IN ITALY.

IT WAS BROUGHT TO LIGURIA MORE THAN 900 YEARS
AGO FROM BENEDICTINE MONKS AND BRED THERE
USING TERRACED CULTIVATION.

THE SPECIAL LOCATION, WITH CLOSE PROXIMITY TO THE MEDITERRANEAN AND PURE CLIMATE OF THE SEA ALPS, MADE THE TAGGIASCA OLIVES SO TASTY AND SPECIAL.

PASTA AL FORNO

Prepared vegetarian

Orecchiette al ragù · 9,50 €

With root vegetable Bolognese and parmesan

Gnocchi · 10.00 €

With Gorgonzola, saffron and Parmesan

WE ONLY BUY QUALITY ORGANIC VEGETABLES
IN REGIONAL WHOLESALE MARKETS. THE SEASONAL
FRUIT, ALL HERBS AND VEGETABLES ARE
PROVIDED BY LOCAL FARMERS.

WE HAVE ALREADY WORKED TOGETHER FOR YEARS WITH SOME OF THESE AGRICULTURAL FIRMS. WE TRUST THEIR PRODUCTION METHODS AND KNOW THE FARMERS AND COMPANIES PERSONALLY.

WITH OUR MEAT AND SAUSAGE PRODUCTS
WE PAY ATTENTION TO THE ANIMAL WELFARE SEAL.
IN PRINCIPLE, OUR POULTRY PRODUCTS ARE
NOT INJECTED AND HALAL-COMPLIANT.

SWEETS / DOLCE

Profiterole dolce · 6,00 €

With nougat and mascarpone

Or with seasonal fruits or berries and vanilla sauce

Ask about our daily specials

Raspberry tart · 6,00 €

Our service and separate allergy menu are happy to give you information about the allergenic ingredients contained in the dishes.